

Mount Calvary Baptist Church

Rev. Elmore Garner, Pastor



PRE-MEN'S -DAY SERVICE-

JULY 12, 2026
10:00 AM

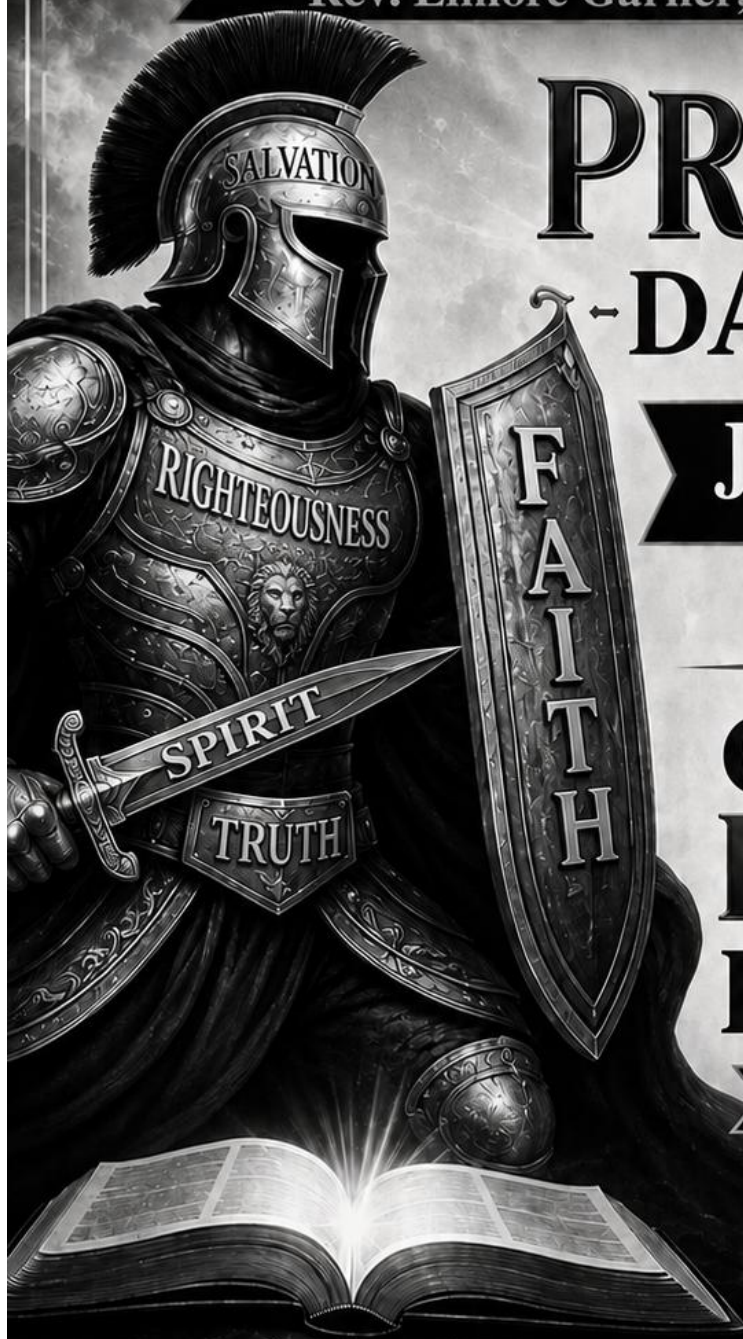
— THEME: —

GODLY MEN EQUIPPED FOR BATTLE

EPHESIANS 6:10-18

“Put on the whole armor of God,
that you may be able
to stand against the wiles of the devil.”

— Ephesians 6:11



300 North Blake Street
Lake Charles, Louisiana 70601



Church Phone: 337-439-4603



Email: themountcalvarybc@yahoo.com



Website: www.themountcalvarybc.org

Order of Service

Call to Worship & Announcements Bro. Tommy Mumford

Devotion

Scripture...Ephesians 6:10-18...Bro. James Bellamy

Hymn

Prayer... Bro. Benjamin Jacob

Welcome.....Bro. Terrell Thompson

Selection Women Day Choir

Worship Through Giving....Deacons & Ushers in Charge

Special PresentationsBro. Julius Fontenot Sr.

Musical Selection Eric Greene & Sons

Introduction of Speaker.....Pastor Elmore Garner

God's WordPastor Curtis Johnson

*Greater Grace MBC * Beaumont, TX*

Invitation to Christian Discipleship

Remarks.....Bro. Julius Fontenot Sr.

Pastor Elmore Garner

Benediction.....Pastor Elmore Garner

**Submit your Birthday,
Anniversary Picture to
Sis. Christine Bellamy by
the 4th Sunday of each
month for publication in
the following Months
First Sunday's program**



Mount Calvary Baptist Church

WAYS TO GIVE

REMEMBER YOUR TITHES & OFFERING



BRING IT
Use the Church Envelope System
on Sunday Mornings
OR
Mail to
300 N. Blake Street
Lake Charles, LA 70601



**ONLINE
GIVELIFY**




CASHAPP
\$MtCalvaryLC

look for the church logo

MORE INFORMATION OR ASSISTANCE CONTACT THE CHURCH OFFICE AT 337.439.4603

ANNOUNCEMENTS

**Sunday
School
9:00 AM**



Trinity PRAYER CALL



SHERMAN BC - MAGNOLIA, MS
REV. MICHAEL OTKINS
SUNDAY - SATURDAY - 6:00AM
551-258-6908



MOUNT CALVARY BC - LAKE CHARLES, LA
REV. ELMORE GARNER
MONDAY - FRIDAY - 6:30AM
516-259-9958



OLIVE BRANCH BC - ALGIERS, LA
REV. REGINALD NICHOLAS SR.
MONDAY - FRIDAY - 7:00AM
351-999-3908

**There will be NO
Brotherhood
Monday, July 13**

**HIGH
SCHOOL
SCHOLARSHIP
APPLICATION DUE
SUNDAY
JULY 19**

Please keep our sick and shut-in members in your prayers,
asking God to surround them with comfort, strength, and healing

Sis. Evelyn Briscoe, Calcasieu Community Care Center

Bro. Lee Edward Henry, Rosewood Nursing Home

Sis. Lucille Jones, Maison d'Acadiens/Basile, LA

Bro. Paul Levias, Lake Charles Care Center

Sis. Lilly Williams, Landmark of Lake Charles

Bro. Chris Balka

Sis. Mary Brockington

Sis. Mary Hardman

Bro. George Carroll

Sis. Willie Mae Lewis

Sis. Ethel McCullough

Bro. Carl Parker

Bro. Alvin Pete

Sis. Leola Robinson

Sis. Sally Simpson

Sis. Delores Stagg

Bro. Henry White



More Announcements

66th Annual Men's Day

Sunday
August 9, 2026
10:00 am

Rehearsal Schedule

Thursday, July 23 @6:30

Thursday, August 6 @6:30
(Last Rehearsal)

Men Day Colors Black & Silver



**There will be
NO Mid Week
Bible Study
Wednesday
July 15**

New Light Missionary & Educational Baptist Association

Rev. Alvin Noel, President



Sunday, July 12- 16, 2026
Evergreen Baptist Church
Lake Charles, Louisiana
Rev. Robert Campbell, Pastor

Week at a Glance

Sunday- 5pm Musical

Monday 11am - Youth Petro Bowl
12:30pm SWA Session @ Evergreen
4:30pm Congress @Evergreen
7pm Parent Body Session @Evergreen

Tuesday 2pm Youth @Evergreen
4:30 Congress @Evergreen
7pm Parent Body

Wednesday 5pm Youth Choir Rehearsal
7pm President's Night

Thursday 6pm Youth Alive Night Evergreen BC



Tuesday, July 14 @7pm

Pastor Elmore Garner, Congress Directors Message

Louisiana Home & Foreign Missions Baptist Convention

Rev. S.C. Dixon, President

Rev. Ross Johnson Jr., General Secretary



July 25-29, 2026
Greenfield MBC
Hammond, LA

Rev. Jerry Hanible, Pastor

Week at a Glance

Saturday - 9am Brotherhood

Sunday - 7pm Welcome Program & Gospel Concert

Monday - 9am Congress / 7pm Education Night

Tuesday - 9am Congress / 7pm Mission Night

Wednesday - 9am Congress / 6:45 Presidents Night

Youth & Children Convention

Monday - 2pm Greenville Park Leadership Academy

Monday - 6pm Greenfield MBC Life Center

Tuesday - 2pm Greenville Park Leadership Academy

Tuesday - 6pm Youth Explosion / Macedonia MBC



THE EASY WAY TO EAT HEALTHY

A healthy eating pattern is about making smart choices every day. The American Heart Association suggests consuming these daily amounts for vegetables, fruits, grains, dairy, proteins and oils.*



VEGETABLES

CANNED, DRIED, FRESH & FROZEN

EXAMPLES: BROCCOLI, BOK CHOY,
CABBAGE, CARROTS, CORN, OKRA,
TOMATOES, ONION AND WINTER SQUASH

2 1/2 CUPS



FRUIT

CANNED, DRIED, FRESH & FROZEN

EXAMPLES: BANANA, GRAPEFRUIT,
KUMQUATS, PAPAYA, PEAR, PINEAPPLE
AND WATERMELON

2 CUPS



WHOLE GRAINS

AT LEAST HALF WHOLE-GRAIN CHOICES

EXAMPLES: BARLEY, BROWN RICE, OATMEAL,
POPCORN, SORGHUM AND
WHOLE-WHEAT BREAD

6 OUNCES



DAIRY

LOW FAT (1%) & FAT FREE

EXAMPLES: CHEESE, MILK AND YOGURT

3 CUPS



PROTEIN

•LEAN CHOICES, ESPECIALLY FROM
PLANTS AND SEAFOOD

EXAMPLES: BEANS, EGGS, FISH, LEGUMES,
NUTS, POULTRY, SEEDS AND TOFU

5 1/2 OUNCES



OILS

NONTROPICAL PLANT SOURCES

EXAMPLES: CANOLA, CORN, OLIVE,
PEANUT, SAFFLOWER AND SESAME

2 TBSP

Food should give you energy rather than weighing you down. With a few simple changes, you can make eating healthy your easiest habit.



LIMIT

sugary drinks, sweets,
fatty meats and salty foods.



AVOID

partially hydrogenated oils,
tropical oils and mindless eating.



REPLACE

highly processed foods that are high in saturated
and trans fats, added sugar and sodium with
unprocessed or minimally processed options.



ENJOY

a variety of nutritious foods
from all the food groups —
especially fruits and
vegetables.



KEEP

healthy habits even when you
eat away from home.

*These recommendations are daily goals based on a 2,000-calorie/day eating pattern, which may not be appropriate for everyone. Servings equivalent may depend on form of food. For more information on serving sizes, visit heart.org/servings



Reverend Curtis Gene Johnson

was born on May 7, 1961, in Beaumont, Texas, to the late James Johnson and the late Mother Nadine Thomas Johnson. He is one of six children and was raised in a home grounded in faith, discipline, and family values.

He is blessed to share life and ministry with his devoted wife, Lady Joyce Elaine Simon Johnson. Together, they are the proud parents of six adult children—one daughter and five sons—and a growing legacy of grandchildren.

Pastor Johnson is a graduate of French High School, Class of 1979. He furthered his ministerial preparation through the Southern Baptist Seminary Extension Program and the Interdenominational Theological Center (Morehouse School of Religion), earning a Certificate in Theology.

Before entering full-time ministry, Pastor Johnson built a respected career in the culinary and hospitality industry, serving more than 17 years with distinguished establishments in Houston and Beaumont. This season shaped his leadership, discipline, and heart for service.

He acknowledged his call to preach on April 26, 1983, under the late Reverend Cliff Smith, with spiritual guidance from the late Reverend G. W. Daniels. He preached his initial sermon on June 29, 1983, and was licensed in February 1984 and ordained on August 22, 1984.

For more than four decades, Pastor Johnson has faithfully served the Lord's church, including pastoral leadership at Mount Rose MBC, First McKinley Baptist Church, Greater Little Zion MBC, and Sunlight MBC. On March 18, 2008, he founded **Greater Grace Missionary Baptist Church**, where he continues to serve with distinction as Senior Pastor. Under his leadership, Greater Grace is known for strong biblical preaching, family restoration, doctrinal teaching, and community outreach.

Pastor Johnson has served in numerous leadership roles across the city, district, and state, and remains a respected voice in both church and community circles. He honors the mentors who shaped his journey, including Rev. G. W. Daniels, Rev. Cliff Smith, Rev. James Hebert, Dr. F. D. Sampson Sr., and his present pastor, Rev. F. D. Sampson Jr. of Friendship MBC Houston.

Reverend Curtis Gene Johnson stands as a seasoned preacher, faithful shepherd, and committed servant of God. His life and ministry testify to God's grace, calling, and unwavering faithfulness. **To God be the glory.**

S E R M O N N O T E S

D A T E

S P E A K E R

L O C A T I O N

✦ S E R M O N T O P I C

M A I N S C R I P T U R E

A D D I T I O N A L V E R S E S

K E Y P O I N T S / O U T L I N E

1 .

2 .

3 .



✦ N O T E S



THE BRIDGE MINISTRY PRESENTS

The
Bridge
MINISTRY

BRIDGE MINISTRY
& Friends
CHOIR
Rehearsal



JULY 18, 2026



10:00 AM



MCBC

300 N Blake St
Lake Charles, LA 70601

Come and let's
lift up holy praises! 

ONE VOICE. ONE PURPOSE. ONE PRAISE.
EXALTING GOD TOGETHER!

*Mount Calvary Baptist Church * Rev. Elmore Garner Pastor*

Casual Dress Sundays!

Come as you are - a different theme each week!

July 2026

**1st
Sunday
July 5**

Camo Sunday

Wear your MCBC Camo Tshirt or your most stylish camouflage

**2nd
Sunday
July 12**

Pre-Men's Day

Sticking with the Classic: Wear Black and White

**3rd
Sunday
July 19**

A New Life in Christ

Communion Sunday ... Wear ALL White

**4th
Sunday
July 26**

Decades Day

Dress from your favorite era!

Theme dress Sundays are optional but encouraged



Sundays at 10:00 AM | All are welcome!

*Mount Calvary Baptist Church * Rev. Elmore Garner Pastor*

Casual Dress Sundays!

Come as you are - a different theme each week!

August 2026

1st
Sunday
August 2

Rep your School or Divine 9

Rep your favorite school, Sorority or Fraternity

2nd
Sunday
August 9

Men's Day Sunday

Black and Silver is the color of the Day!

3rd
Sunday
August 16

Communion Sunday

The blood still works! Wear Red

4th
Sunday
August 23

Sports Jersey Sunday

Rep your Favorite Team

5th
Sunday
August 30

Tye Dye Sunday

Colorful & creative vibes!

Theme dress Sundays are optional but encouraged

Sundays at 10:00 AM | All are welcome!

JOIN

Pastor Elmore Garner ✨

14 | JULY 2026
7:00 PM

EVERGREEN BAPTIST CHURCH
646 S. FRANKLIN STREET
REV. ROBERT CAMPBELL, PASTOR

New Light Congress Director's Message

Women's Day Choir to Render Song
(attire Red with Silver Flower)



*New Light Missionary & Educational
Baptist Association
Rev. Alvin Noel, President*

*Pastor Elmore Garner
Congress Director*

MOUNT CALVARY BAPTIST CHURCH
HEALTH AWARENESS TEAM



INTERESTED IN LEARNING CPR?

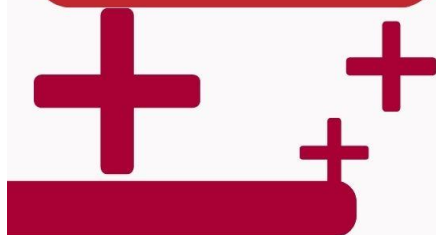
A CPR Class will be offered for anyone interested in gaining this valuable lifesaving skill.

To register, please send your name and phone number to Sis. Barbara Hardy at hardybth@gmail.com.

Cost: \$20.00 per person

Sign-Up Deadline: July 26, 2026

Don't miss this opportunity to learn skills that could help save a life!



Tribe of the Month

Tribe of Judah



Deaconess
Beverly Henry

Tribe of Judah serves Household Families with last names ending in the letter “F & L”. If your name is not listed with your tribe or your information need to be updated or corrected, please contact one of your Tribal Ministry Leaders!

Jessie Feast
Chasady Fisher
Quinntayjah Fisher
Pamela Fobbs
Donald and Brenda Fondel
Stella Fondel
Beverly & Retha Fontenot
Daniel Fontenot
Jeffrey Fontenot
Jessica Fontenot
Julius Fontenot, Sr
Debra Ford
Mashonda Fradieu
Melita Fradieu
Joyce Francis
Dianne Francisco
Chantal Landry
Emily Landry

Gabrielle Lathan
Amelia Lavergne
Vernel Lavergne
Gwen LeBlanc
Barbara LeDay
Marion LeDay
Suzette LeDay
Brenda Leger
Amy LeJune
Christopher Lennette
Paul Levias
Amber Lewis
Dorothy Lewis
Jessica Lewis
Micah and Debra Lewis
Sonia Lewis
Willie Mae Lewis
Sherman Lubin