

SUNDAY SCHOOL FULFILLMENT HOUR

Rev. Elmore Garner, Pastor

A Monthly Newsletter



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#GodFirst

LOVING God & People LOVING
1 JOHN 4:19 - 21

EXCELLENCE IN MINISTRY • EFFECTIVE IN MINISTRY • EFFICIENT IN MINISTRY

May's Fulfillment Hour Lessons

Unit 3: The Spread of the Gospel

These four lessons begin with Paul's introduction of himself to the Jewish and Gentile Christians living in Rome. He affirms that the call to salvation is to Israel and to the Gentiles. The call to salvation is a call to life in the Spirit and involves a new life in Christ.

May 5th – “Called to Righteousness” (*Romans 3:21-31*)

- ⇒ **Application:** Romans 3:24-25a (AMP) – “[All] are justified and made upright and in right standing with God, freely and gratuitously by His grace (His unmerited favor and mercy), through the redemption which is [provided] in Christ Jesus, whom God put forward [before the eyes of all] as a mercy seat and propitiation by His blood [the cleansing and life-giving sacrifice of atonement and reconciliation, to be received] through faith.”
- ⇒ **Aim for Change:** you will be able to Summarize Paul's teaching that justification is by grace and not acts of keeping the Law; Rejoice that you need not atone for your sin by works; and Express thankfulness for Jesus.
 - 1) Justification is a free gift of God. Man in no way earns it. Man is justified by God's grace and by God's grace alone.
 - 2) Justification is only through the redemption that is in Christ Jesus.

May 12th – “Called to Life in the Spirit” (*Matthew 26:1-13* *Romans 8:1-14*)

- ⇒ **Application:** Romans 8:1 (AMP) – “Therefore, [there is] now no condemnation (no adjudging guilty of wrong) for those who are in Christ Jesus, who live [and] walk not after the dictates of the flesh, but after the dictates of the Spirit.”
- ⇒ **Aim for Change:** you will be able to Contrast living in the flesh with living in the Spirit; Describe emptiness of trying to find life following the flesh; and Share what it means to have your mind set on living in the Spirit.
- ⇒ Since Christ has come, a most wonderful thing has happened. The people who believe in Christ are not condemned.
 - 1) “No condemnation” means that the believer is not doomed and damned, but is freed from the penalty and condemnation of sin; he is not judged as a sinner, but is delivered from the condemnation of death and hell; he

is not judged to be unrighteous, but is counted to be righteous.

- 2) Now note the most crucial point: only the believer who is in Christ Jesus will not be condemned. All non-believers will face condemnation for sin. A genuine believer is a person who does not “walk after the flesh, but after the Spirit.”

May 19th – “The call of the Gentiles” (*Matthew 28:1-15* *Romans 11:11-24*)

- ⇒ **Application:** Romans 11:18 (AMP) - “Do not boast over the branches and pride yourself at their expense. If you do boast and feel superior, remember it is not you that support the root, but the root [that supports] you.”
- ⇒ **Aim for Change:** You will have the knowledge to Analyze Paul's metaphor of the olive tree with wild branches; Recognize the price Jesus paid for all to be justified; and Decide ways to walk in humility toward others in light of God's grace toward you.
- ⇒ As a Gentile believer we have no right to elevate ourselves over the Jews nor over anyone else. The reason is clearly seen in Paul's metaphor. We were wild branches. We did not bear the root (Judaism); the root bore us (Christianity). If it had not been for Judaism, there would be no Christianity. If it had not been for Jewish believers, there would be no Christian believers. If Peter and Paul and the others had not surrendered their lives to preach Christ, then the message of Christ would have never reached us.

May 26th – “Called to New Life in Christ” (*Romans 12:1-8*)

- ⇒ **Application:** Romans 12:1 (AMP) – “I appeal to you therefore, brethren, and beg of you in view of [all] the mercies of God, to make a decisive dedication of your bodies [presenting all your members and faculties] as a living sacrifice, holy (devoted, consecrated) and well pleasing to God, which is your reasonable (rational, intelligent) service and spiritual worship.”
- ⇒ **Aim for Change:** – You will process the knowledge to Evaluate Paul's teaching about being a living sacrifice and part of the body of Christ; Recognize that being a living sacrifice is a responsibility as part of the body of Christ; and Identify your gifts that can be used as living sacrifices for God in service to the body of Christ.
- ⇒ The reasons why the believer is to present his

body to God are twofold.

- 1) The dedication of the body to God is acceptable to Him. The word means well-pleasing, approving and extremely satisfying to God. God accepts and joys and rejoices over a body that is dedicated and living for Him.
- 2) The dedication of the body to God is the believer's reasonable service.
 - a) The word "reasonable" means rational, intelligent, and logical. It is an act of the mind thinking and figuring out what and how to do something.
 - b) The word "service" means worship, and ministry.
- 3) The idea is that the believer is to use his mind in dedicating his body to the service of God. He is to study the Scriptures, and intelligently think about how to best serve God as he walks through life day by day.

THE FULFILLMENT HOUR MINISTRY'S THREE "E'S" REPORT

EFFECTIVENESS

Banners By Departments:

Attendance:

- Children Department – 76 students
- Youth Department – 81 students
- Young Adult Department – 20 students
- Adult Department – 255 students

Congregation Enrollment - 180

Attendance – 6,842

Daily Average – 132 students

EFFICIENCY

Class Enrollment, Attendance Percentage:

- Children Department – 69%
- Youth Department – 50%
- Young Adult Department – 17%
- Adult Department – 66%

EXCELLENCE

Perfect Attendance:

- Children Department – 3 students
- Youth Department – 1 students
- Young Adult Department –
- Adult Department – 11 students

Offering:

Children Department – \$148.26

Youth Department – \$84.50
Young Adult Department – \$264.00
Adult Department – \$1,339.00

Yearly Performance:

Enrollment - 180 students
Enrollment Average – 65%
Yearly Attendance – 2293
Yearly Average – 130
Overall Attendance Average – 47%
Yearly offering – \$7,583.54

New Time • New Format

MID-WEEK LIVE

PRAYER SERVICE 6:30PM

BIBLE STUDY 7:00-7:30PM

The Promises of God in Five Translations With Interpretation

Romans 8:28 (KJV) – “And we know that all things work together for good to them that love God, to them who are the called according to his purpose.”

Romans 8:28 (NIV) – “And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”

Romans 8:28 (NLT2) – “And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.”

Romans 8:28 (MSG) – “That's why we can be so sure that every detail in our lives of love for God is worked into something good.”

Romans 8:28 (AMP) – “We are assured and know that [God being a partner in their labor] all things work together and are [fitting into a plan] for good to and for those who love God and are called according to [His] design and purpose.”

All the discussion in Romans 8 up to this point has now moved to the summit. Those who love God and are called by Him will definitely be freed from the bondages and corruptions of this life and ushered into glory. God assures this. Nothing, absolutely nothing, shall prevent God's settled plan and purpose from coming about in the life of the believer. God's settled plan and purpose for the universe shall be consummated.



MAKING THE GRA⁺DE MOUNT CALVARY'S 2018-2019 3.0 RECIPIENTS

The 3.0 Club gives special recognition for all K-12 Mount Calvary students that meet the requirement of earning a 3.0 or above grade point average. Those students who further meet the Sunday School attendance requirements of no less than 7 Sundays per 9 week semester also receive a monetary gift.

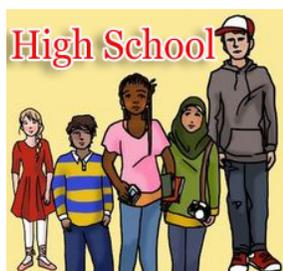
**3RD
9 WEEKS**



FIRST GRADE: HONOR ROLL - Ayden Griffin-son of Sis. Betty Griffin, Brandon Hebert Jr.-son of Bro. Brandon & Sis. Alyssa Hebert.



FIFTH GRADE: BANNER ROLL - Camron Greene-son of Bro. Eric and Sis. Julie Green, HONOR ROLL - Ga'breon Talbert-son of Sis. Ikeiala Bell **3.0** - Amyiah Deville-granddaughter of Sis. Suzanne Deville
EIGHTH GRADE: HONOR ROLL - Kyla Clark-daughter of Sis. Janet Sonnier Bell **3.0** - Anthony Bellamy -son of Sis. Christine Bro. and James Bellamy, Saniya Foreman -daughter of Sis. Valarie Thomas.



NINTH GRADE: **3.0** - Marcus Greene -son of Bro. Eric and Sis. Julie Greene **TENTH GRADE:** HONOR ROLL - Tryniti Foreman-daughter of Sis. Valarie Thomas, Alexandria Iles -daughter of Bro. Wilbert and Sis. Chantal Iles **ELEVENTH GRADE:** BANNER ROLL - Santia Riggs-daughter of Anthony and Santana Mitchell HONOR ROLL - Lacey Pitre-daughter of Bro. Deueul and Sis. Vanessa Pitre **TWELFTH GRADE:** **3.0** - Maya Wilson-daughter of Bro. Kerrel & Judge Sharon

Wilson.



Summer Reading Kick-Off Party at Prien Lake Park's Harbor's Edge Pavilion!

Friday, May 24, 2019
4:00 PM - 7:00 PM



2019 SRP dates are May 24th to July 12th.

Stay after because the fun continues with Movies Under the Stars and enjoy Wall-E at sundown brought to you by the Calcasieu Parish Police Jury's Parks and Recreation Dept.

Iyannah Sterling, Young Author

Interviewed by Allonah Ashworth, Youth Reporter



About the Author:

Iyannah Sterling is a third grade student in Mrs. Touchet's class at Prien Lake Elementary. Some of her other works include *Mystery Feet*, *Alone in the Woods*, and *Witch's Brew*.

Iyannah was selected as one of twelve students in third grade to join the Prien Lake Page Turners Writing Club. She lives in Lake Charles, Louisiana.

--Quoted from *My Family Reunion*

What is your name?

Iyannah Sterling.

Who are your grandparents?

My Grandma is Constance Sterling and my Grandfather is Robert Sterling.

What school do you attend?

Prien Lake Elementary.

What grade are you in?

I am in the third grade.

How old are you?

8 years old.

What Sunday School class are you in?

Primary classes ages (7-10).

Who are your Sunday School teachers?

Sis. Joy Delafosse, Bro. Eric Green, and Sis. Emily Ashworth.

What is the name of your book?

My Family Reunion.

What inspired you to write this book?

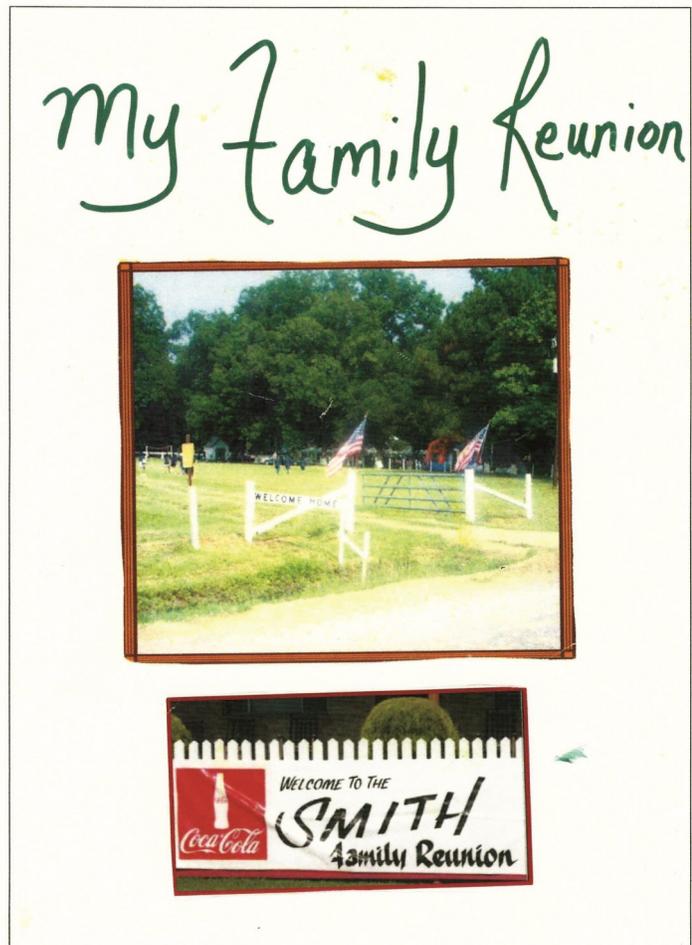
My family reunion and how much I love to go to them.

What is your favorite part about your book?

The games are my favorite.

How has God impacted you through writing this book?

He has shown me love and I incorporate this within my book.



To publish your child's work visit Studenttreasures.com

Written and Illustrated by Iyannah Sterling
Mrs. Bruchhaus' Class
Prien Lake Elementary School 2018-19

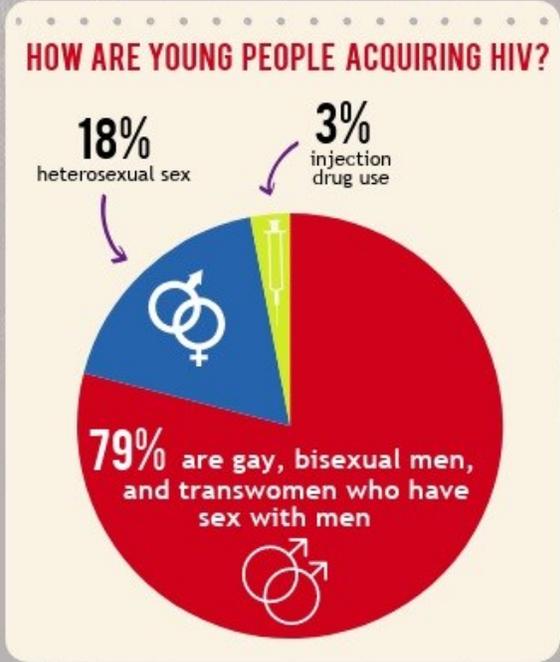


**NATIONAL
YOUTH
HIV+ AIDS
AWARENESS
DAY**

HIV AMONG YOUTH IN LOUISIANA



1 in 4
new HIV diagnoses in Louisiana
is among
**young people
13-24 years old.**



BLACK YOUTH ARE MORE AFFECTED BY HIV THAN OTHER YOUTH.

Only 38% of Louisiana youth are Black, **BUT 78% of youth diagnosed with HIV are Black.**

Only 54% of Louisiana youth living with HIV are virally suppressed.

For young people living with HIV: Achieving viral suppression is very important in order to lead a long, healthy life with HIV.

When a person is virally suppressed, they cannot pass HIV on to sex partners.

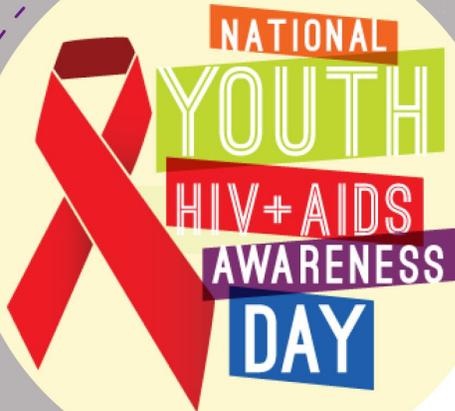
Among trans women diagnosed with HIV in Louisiana, **1 in 3** were **Trans Youth.**



GET EDUCATED. GET TESTED FOR HIV.

To learn more about HIV & other sexually transmitted infections and where you can get tested visit :

www.isth.org @isthhealth



IS APRIL 10TH

YOUTHAIDSDAY #NYHAAD

ALMOST 80% of youth diagnosed with HIV in 2016 in the U.S. were BLACK OR HISPANIC/LATINX

1 in 5 new HIV diagnoses in the U.S. is among young people 13-24 years old.

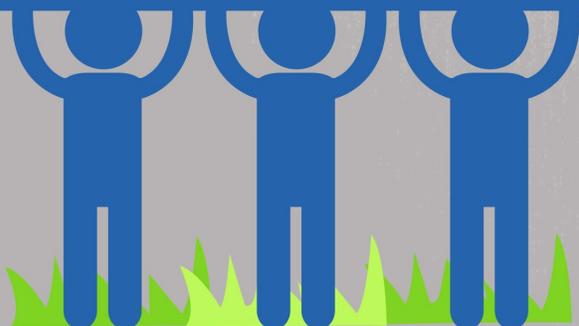
GAY & BISEXUAL MEN

account for 4 in 5 new HIV diagnoses among youth in the U.S.

ONLY HALF OF YOUTH LIVING WITH HIV IN THE U.S. ARE VIRALLY SUPPRESSED.

Viral suppression is when a person has very low levels of HIV in their blood. People who are virally suppressed cannot pass HIV on to sex partners.

It is estimated that half the young people living with HIV are undiagnosed and unaware of their status.



Ways to reduce your risk for acquiring HIV:

Learn about PrEP & PEP! PrEP - a daily pill for people who do not have HIV to help them stay negative. ✓

PEP - an emergency treatment option if you may have been exposed to HIV to prevent becoming infected.

Use condoms correctly every time you have vaginal, oral, or anal sex. 😊

Get tested for HIV & other sexually transmitted infections (STIs). 👍

For more information on HIV & other STIs and where to get tested visit:



www.lahhub.org



@lahealthhub



Spring Lawn Care Safety



Now that spring is here many of us need to complete the jobs we deferred during the winter months. Some of these jobs require us to use power tools of different types. These tools expose us to risk of an accident. Listed below are twenty-nine precautions each of us should consider before starting a job.

Power Tools

Every tool has its own "DANGERS" and precautions that apply to it. In the case of power tools, many of these are the same.



- 1) Always read, understand and follow the "Instruction Manual" before attempting to use any power tool in any way. Also read the nameplate information and follow the warning labels on the tool itself. If you are not familiar with a certain power tool and the danger it can have on your health, get help with that project.



- 2) Always wear safety goggles or safety glasses with side shields. Use a dust mask for dusty operations, and wear hearing protection if you'll be using the tool for an extended period of time.



- 3) Dress right, and remember that looks don't count. No loose-fitting clothing, no neckties, no jewelry, no dangling objects of any kind. Long hair must be tied back out of your way. Non-slip footwear is recommended.



- 4) Never use power tools if you are tired, sick, distracted, or under the influence of drugs or alcohol.
- 5) Make sure your work area is neat and clean and free of any debris that might get in your way or be ignited by hot tools, chips or sparks.
- 6) Make sure your work area has plenty of bright, shadow-free light.

- 7) Before you plug in any power tool, make sure the power switch is off.
- 8) Be sure all appropriate guards are in place and working.
- 9) Always turn off and unplug the tool before you make any adjustments or change accessories.
- 10) Never use any accessory except those specifically supplied or recommended by the manufacturer. They should be described in the tool's Instruction Manual.
- 11) Never use power tools in wet or damp conditions.
- 12) Never use a tool that is damaged or malfunctioning in any way.
- 13) Need an extension cord? Make sure it's a heavy duty cord and don't use indoor rated cords outside.
- 14) If the tool has a three-pronged plug, make sure you use a three-pronged extension cord plugged into a three-pronged outlet.
- 15) Make sure cutters or blades are clean, sharp and securely in place. Never use bent, broken, or warped blades or cutters.
- 16) Never overreach when using a power tool. Stay firmly planted on both feet.
- 17) Never rush what you are doing. Always pay close attention. Don't let anything distract you. Think ahead!
- 18) When using hand-held power tools, always keep a firm grip with both hands. Losing control creates a hazardous situation. Do not use any tool that is too heavy for you to easily control.
- 19) Always use the right tool for the right job. No substitutions allowed!
- 20) Always unplug, clean and store the tool in a safe, dry place when you are finished using it.





- 21) Wear the proper footwear, sandals are not proper footwear for mowing the lawn,
- 22) Watch out for kids, driving or pushing a mower around the yard is not the place for young children to show their parents how well they can “help.” Keep toddlers inside when mowing, and don’t let kids under 12 operate a push mower or kids under 16 run a rider.
- 23) Avoid yard missiles, if you prefer non-shattered windows on your home and neighbor’s car, then pick up stones, branches, toys, sprinklers and other items before you start mowing.
- 24) Don’t mow gravel, never cross over a gravel driveway with the blades engaged.
- 25) Don’t pull backward, whenever possible, try not to pull a lawn mower toward you.
- 26) Ditch the key, lawn mowers look like a big toy to kids. They love to sit on them and pretend they’re really driving, which makes for a precious photo opportunity.
- 27) Remove the spark plug before changing blades, it sounds goofy, but always remove the spark plug when working on the blade.
- 28) Mind the hills, most riding lawn mowers are more likely to tip over sideways than forward or back, so mow up and down the hill. Mow hills side to side with push mowers.
- 29) Keep clear of moving blades, if the blades are spinning, don’t unclog the chute, adjust the wheel height, inspect the blades or do anything that would bring your appendages in harm’s way.



Every tool has “DANGERS” and precautions that apply to “SAFE OPERATION.” Be safe and enjoy your summer.



59th Annual Women's Day June 2, 2019

Guest Speaker:

Sis. Cynthia Butler McIntyre
Olive Branch Baptist Church
New Orleans, LA



Remaining Choir Rehearsals:

Thurs., May 16th
Mon., May 20th (cut-off),
Thurs., May 30th

Attire

White dresses or suits
Multi-colored Corsages
Clear or Silver Shoes

FULFILLMENT HOUR BIRTHDAYS

May

SIS. AGNES MAYO	3
SIS. NONICA PARKER	4
SIS. EULA DUGAS	5
ANTONIO SIMPSON	5
DARNELLE FOREMAN	7
GABRON TALBERT	8
SIS. JOY DELAFOSE	10
SIS. VALARIE THOMAS	16
CAMRYN BROWN	17
JONATHAN MECHE	17
SIS. BARBARA HARDY	22
REV. HAROLD ROBINSON SR.	22
JAMAL BELLAMY	27
REV. DUANE PETE	29
CATHLEEN CEASAR	29
BRIANNA PARKER	31

Vacation Bible School

June 3 - 7, 2019

5:30pm - 8:00pm



NBCA Congress
Youth & Children's Convention
New Orleans
June 17 - 21, 2019

With Many Thanks

I want to thank our church family,
Mount Calvary, for all the
support and contributions for
Antonio Tezeno's Going Home Celebration.
God bless each of you from the Pitre Family.



The Sunday School Fulfillment Hour Newsletter is a monthly newsletter. Submissions are due **by the third Sunday** of each month, either by email or dropping in Bro. Harmon's church office mailbox.

Make submissions to:
sundayschoolfulfillment@gmail.com

Bro. Oscar Harmon, Superintendent
Sis. Chantal Landry-Iles, Designer/Co-Editor
Sis. Theresa Garret, Co-Editor
Sis. Marlene Marks, Reporter/Photographer
Allonah Ashworth, Youth Reporter
Sis. Anna Harmon, Photographer

Bundle of Joy Pecan Candy



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Secret Treasures

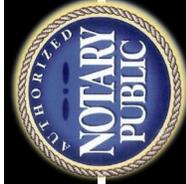
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